

HERBS WE LOVE

from Fredericksburg Herb Farm's
Bill Varney & Bird Mangels

To Grow Them is to Know Them,

To Know Them is to Use Them,

To Use Them is to Love Them,

And Then - Happily -

Herbs Become Your Way of Life .

--Bertha Reppert

Herb. What's in a name we cherish? The plants we call "herbs" comes from Latin word herba, meaning "green crops." This all-Encompassing definition is evident in The book of Genesis, where God caused the earth to "bring forth grass, the herb yielding seed, and the fruit tree yielding fruit."

As gardeners, we have come to a different understanding of which plants are herbs based on our changing relationship with nature. Today, *herb* has an expanded definition that includes plants generally aromatic or fragrant, whose parts, whether leaf, flower, seed or root, are useful to mankind for food, flavoring, medicine, household and cosmetic.

The Plants of Romance

Almost 2,000 years ago Ovid lamented, "Alas, there are no herbs to cure love." This may well have been true, but the addition of herbs certainly enhances many sweet pleasures that are important to a well-lived life.

On a personal level I have reached an understanding of herbs that reflects a changing relationship with others - in who I once was, who I am, and who I will become. We call herbs The plants of romance. As we have come to know herbs, they have twined around our hearts' qualities and preferences. Herbs grow up close and personal. They are not just flowers, but calendulas, nasturtiums and roses. They are not garnishes, but cinnamon and lemon basil, apple mint and chocolate mint, parsley, lavender and thyme. They are not bulbs, but garlic and chives, dill and fennel.

Growing the plants of romance will be different for every individual, a distinction that's important to recognize. That's because it's easy to become limited in our thinking about what is romantic. Many people define romance as hearts and flowers, only pink satin and lace. Others may think of physical love. person who dares to try something new, who dares to try something new, who makes the choice to work at an herb garden or farm that he or she

loves, who makes time for little sprigs and blossoms of beauty and grace, we believe speaks our language.

Our hope is that as you discover new ways to grow and use herbs to make your meals more flavorful, your work more enjoyable and your life more pleasurable herbs will become your way of life!

Ten Basic Herbs to Grow in The Texas Hill Country and Austin Area

1. Basil
2. Chives
3. Dill
4. Lemon Balm
5. Mexican Mint Marigold
6. Mint
7. Oregano
8. Rosemary
9. Sage
10. Thyme

20 Deer Resistant Herbs

It's possible to limit the damage inflicted by deer. Deer and their browsing habits vary according to geographical areas, type of deer and availability of food in their native habitat. These herbs are known to be avoided by deer, but there are no guarantees.

1. Basil
2. Catnip
3. Chives
4. Garlic Chives
5. Germander
6. Lavender
7. Lemon Balm
8. Mexican Mint Marigold
9. Mints
10. Oregano
11. Rosemary
12. Rue
13. Sages
14. Salvias
15. Santolina
16. Silver King Artemisia
17. Southernwood
18. Tansy
19. Wormwood
20. Yarrow