



HERBAL THOUGHTS

A New Year. A Time for Renewal.....

September is the Austin Herb Society's time for renewal. It's the time to start our new gardens of herbs and vegetables and put in shrubs, bulbs and plants to reward us in the coming months. Our Membership Luncheon is the perfect time for us to renew friendships, both old and new. If you've never attended the annual luncheon you're in for a real treat. Our speaker, Lucia Bettler, will lead us on an adventure to Turkey and surround us with the scents, herbs and wonders of an old and delightful country. We'll be dining on gorgeous Mediterranean food prepared just for us by the chefs of Central Market. So please RSVP for this important event, seating is limited. I'm looking forward to seeing each and every one.

This coming year is going to be filled with wonderful field trips and programs. Cindy Phillips (1st VP Programs) and Ellen Zimmermann (1st VP Field Trips) have done a terrific job. With our programs we will be traveling from the Mediterranean to Texas. We'll delve into herbs, customs and lore and then learn about our own special Texas palms. Next we'll take an art course with Dr. Molly Ogorzoly (Director of Ed, Zilker Botanical Gardens) with slides and music while exploring Monet's Garden palette. In the spring we'll cook with our very own Ann Wilson featuring "Herbs in the Kitchen". Our field trips will range far and wide. Ellen will help us explore with the Garden Conservancy Tour in September. Then it's on to West Cave Preserve in October. Shopping excursions and a holiday party at my home occur in December. Later on we'll go to homes, ranches and natural areas to further explore cooking, the Hill Country and wildflowers.

And for those of you planning to add to your fall garden, the vendors at HerbFest offer many of the best varieties of herbs and plants. You'll also find home and garden decorations, handmade soaps, lotions, herbal sleep pillows and everything in-between. You'll be serenaded by music and there will be food and drink fit for any queen or king. Mark your calendars and join us!

Happy Gardening!

Michelle Chaput

President, Austin Herb Society

DATES TO REMEMBER

Tuesday, September 3

Membership Luncheon, with Lucia Bettler. Deadline for reservations was August 26th. Call Sharon Beam at 512-695-4206 with questions.

Saturday, September 7

This month's "Joys of the Garden" lecture at Zilker Botanical Garden features Dicke Patterson and Cliff Snyder talking about old garden roses and irises. Call 477-8672 for information.

Thursday, September 12

Study Group, 7:00 pm at ZBG. Andra Millian will present Chinese Herbs. Andrea has a background in acupuncture and herbs and is a sponsor and owner of Balcones Acupuncture Clinic.

Monday, September 16

Zilker Herb Garden workday, 9:30 am. Bring your garden tools and join us for fun and friendship as we prepare for Herbfest. Call Mary Ann Somers @494-9372 or Sandra Holland @258-4643 for information.

Tuesday, September 17

Board of Directors meeting, 9:30 am at ZBG.

Saturday, September 28

Join an AHS field trip as we visit six of Austin's premiere gardens on The Garden Conservancy's Open Days. Included will be gardens of designer James David and AHS member Anna Prothro. Cost is \$25.00, no refunds. Checks, payable to The Garden Conservancy, must be mailed by Sept. 3rd to Ellen Zimmermann at 8803 Bear Creek Dr., Austin, 78737. Call Ellen at 301-5838 for more information.

Tuesday, October 1

General Meeting, 9:30 am at ZBG. Join us for herbal lore and legends with our very own somebody

Saturday, October 5

HerbFest 2002 at Zilker Botanical Garden. **Vunteers are always welcome**, Call Vee Fowler at 345-0719 or Jan Bland at 338-9815, jbillings@austin.rr.com Please leave your name, number and T-shirt size!

Thursday, October 10

Study Group, 7:00 pm at ZBG. Vee Fowler & Eloise Doherty present "Banish the Blahs - Herbs for Energy!"

OPPORTUNITIES

HerbFest Baking

Remember to do a little baking for The Austin Herb Society Booth at HerbFest. Items should be wrapped and priced. Contact Cindy at Phillips at 264-2779, e-mail cindyphillips@imagicmail.com, if you have questions. She would also appreciate knowing what type of item you will be bringing. Herbal muffins, cookies and slices cake always do well...don't know what to bring...check out our Austin Herb Society Cooks cookbook for some yummy herbal recipes.

Keep Cookin'

Volunteer to bring goodies to one of our meetings. Contact Roberta Showerman, 442-8018 or Judith Craft, 451-2064.

Study Group

If you wish to help with presenting a program please call Vee Fowler at 345-0719 or Eloise Doherty at 927-8478, email elo927@yahoo.com.

Mayfield Magic

Mayfield Park is one of the hidden gems of Austin. Come and work in the herb garden we maintain at this historic site. Call Anna Prothro at 476-8025 for information.

Celebrating the Holidays

Zilker Botanical Gardens always celebrates the holidays with the 'Walk of Lights' and also a very festive Garden Center filled with trees decorated by the various clubs. Austin Herb Society has been doing this for several years. We have some wonderful ornaments in storage but we need mussie tussies (dried flower & herbs wrapped in paper lace & tied with ribbon) to spruce up our offering this year. If you're interested in crafts and helping out the Botanical Gardens call Michelle Chaput at 343-7677 or email at michellechaput@yahoo.com.

Look & Learn Table

If you would enjoy preparing an educational display on herbs or gardening for an AHS general meeting, please contact Ann Wilson at e.l.wilson@ieee.org. The topic and format are your choice.

WEBSITE WATCH – Enjoy spending time cruising the web? Be sure to visit The American Botanical Council's website www.herbalgram.org. Headquartered here in Austin, ABC is the premiere source for factual information on the medicinal use of herbs. Especially valuable is an article on the safety of *Piper methysticum*, commonly known as kava-kava.

MEMBER NEWS

Anna Prothro's lovely garden has been selected to be a part of The Garden Conservancy tour on September 28th.

Longtime AHS member and communications chairperson Beth Caldwell is recovering from knee surgery. We wish her a speedy rehab and hope to see her dancing back to our meetings in the near future!

It is with sadness that we bring you news of Crady Bond. He often attended the Austin Herb Society meetings. Crady Bond passed away recently. He will be missed by the Austin gardening community.

Sponsor Event

EZ Herbs/Austin School of Herbal Studies invites you to attend our OPEN HOUSE on Saturday, September 21, 2003 from 11am - 2pm. Come learn more about the school and the director. Enjoy garden tours and herbal treats as you spend a few hours in a comfortable, peaceful country setting. The school offers a variety of herbal classes including the culinary, medicinal, cosmetic and gardening aspects of herbalism. Ellen Zimmermann facilitates most classes but she also invites other herbalists from the community to teach at her school. The first class of the fall schedule is "Creating Your Own Cosmetics, Naturally" on Thursday, October 29th. To register or find out the complete class schedule, visit www.ezherbs.net or call 301-0959.

What is Ecoherbalism?

There is an ecoherbalism class being offered through the UT Informal classes this fall. Taught by Niki Telkes, it is an outdoor class and is limited to 15 people in the class. Meeting at Barton Springs, the class will explore sustainability issues in herbalism, the ecology, botany and uses of several medicinal plants surrounding Barton Springs. Information is available from UT at 232-5277.

An herb to look for...

Pimenta dioica

The allspice tree is a native of Central and South American tropical regions and will not be hardy in Austin winters. An evergreen member of the Myrtaceae family, it makes a very attractive container plant with glossy green, elongated leaves. Grow it in partial shade to prevent leaf burn. It is unlikely to bear fruit when container grown, but the leaves are delicious in their own right. Simmer apples, sweet onion, a bit of water and an allspice leaf to make a tasty sauce for pork or squash dishes.

Looking Forward to The Austin Herb Society Herbal Year, 2002-2003

GENERAL MEETINGS

All meetings are the first Tuesday of the month and begin at 9:30 am at Zilker Botanical Garden

Tuesday, September 3

Lucia Bettler "Turkish Odyssey". Lucia Bettler has loved and studied herbs for 25 years. In 1984 she founded her own store and garden "Lucia's Garden" in Houston. A member of the Houston Culinary Guild and The Herb Society of America, she served as President of the Texas Herb Growers and Marketers Association for several years. A certified aroma therapist, Lucia accompanied a women's sacred journey to Turkey, teaching aromatherapy and herbal medicine at an organic herb farm on the Mediterranean. Her talk is derived from her experiences on the trip.

Tuesday, October 1

Landon Lockett "Native Texas Palms". Lifelong conservationist Landon Lockett began investigating native palms in an effort to protect a small Brazoria county population of palms known no other place in the world. The effort was successful. In the process he and Smithsonian palm expert Robert Read discovered native Texas palms far north of their assumed range. They also identified a previously unknown hybrid palm. His slide show and talk will acquaint you with his research and familiarize you with the species and landscaping possibilities for this unique plant.

Tuesday, November 5

Cindy Burrows "Health and Herbal Properties of Green Tea". AHS member Cindy Burrows has been in the health field for 26 years, five as a nutritional consultant and two as an herbalist. She will soon earn certification from the East West School of Herbal Medicine in California. Her interest in herbs naturally stems from her work in the health field. Cindy will introduce us to green tea, the plant and the benefits it can provide as food and medicine.

Tuesday, December 3

Holiday Bazaar Save some holiday shopping for this wonderful showcase of member talent. Members who would like a table should contact Cindy Phillips at 264-2779.

Tuesday, January 7

Dan Hosage "Botanists of Texas, 1825 - Present". Dan Hosage, owner of the Madrone Nursery in San Marcos, holds a doctorate from the University of Texas. He developed and patented the weeping redbud and specializes in rare ferns. He will enlighten and entertain us with the ventures and adventures of Texas botanists.

Tuesday, February 4

Molly Ogorzoly "Gardens in Monet's Light". Dr. Molly Ogorzoly, Director of Education at Zilker Gardens, will present a double slide show with music showing Monet's palette of plants and color in the gardens of Giverny, France. Taken from slides of her trips, the program will begin with an exploration of nature and the psychology of color.

Tuesday, March 4

Cindy Phillips "Natives". Longtime AHS member Cindy Phillips had been studying native plants on her own for years, inspired by her wild property on the Pedernales River. She recently completed the Capitol Area Master Naturalists program. As an artist, Cindy used images from nature in her work. She will share native plant lore and information.

Tuesday, April 1

Kim Lehman "Herbs of the Shakers". Recent past president of AHS, artist, storyteller, beekeeper and musician, Kim Lehman will share the contributions of the Shakers to present day gardening and herbal medicine.

Tuesday, May 4

Ann Wilson "Herbs in the Kitchen". Our own Ann Wilson shares her culinary skills with us. Self described as 'a pharmacist with a passion for herbs', she is an avid gardener and has published several articles on herbs. Ann serves on the board of The Herb Society of America.

Tuesday, June 3

A Walk in the Garden Our own herbal experts will walk through the herb gardens we maintain in Zilker Botanical Garden and enlighten us on the uses and care of herbs suited to this climate.

Tuesday, July 1

International Flavor Learn how herbs can vary the regional flavor of your cooking. Taste herbs typical of various ethnic groups and make sample mixes to take home.

NO GENERAL MEETING IN AUGUST

Austin Herb Society Study Group 2002-2003

Meetings are the 2nd Thursday of each month at Zilker Botanical Garden from 7-9 pm.

Thursday, September 12

Andra Millian, M.S., L. Ac., C.H. "Staying Healthy With the Seasons -The Right Food at the Right Time" Andra is a Doctor of Oriental Medicine specializing in acupuncture, acupressure, aquatic shiatsu, Qi Gong, and high-tech Western nutritional therapies. She attended Yo San University in Santa Barbara California, where she interned in the UCLA Children's Hospital Pediatric Pain Program. Yo San is a private school, run by the Ni family, and is the leading University in its field. A competitive swimmer, Andra suffered a debilitating back injury, and acupuncture was the therapy that worked for her. She then began seriously studying the field, and has made it her profession. She presently cares for the dancers of Ballet Austin, and is on the board of The New Crossing Wellness Center. She practices at The Balcones Acupuncture Clinic.

Thursday, October 10

Vee Fowler & Eloise Doherty "Banish the Blahs - Herbs for Energy"

Thursday, November 14

"Preparing for the spring garden"

No December Study Group

Thursday, January 12

Carrie Boyles "Aromatherapy"

Thursday, February 13

Michelle Chaput "Herb Gardening in Containers"

Thursday, March 13

Lydia Noble "Herb Gardening with Children"

Thursday, April 10

Vee Fowler & Eloise Doherty "No Bites - Herbal Insect Repellants"

Thursday, May 8 to be announced

Thursday, June 12

Eloise Doherty "Hill Country Native Edibles"

Thursday, July 10

Eloise Doherty "Herbs for Wildscapes"

Thursday, August 14

Cindy Burroughs



Austin Herb Society Field Trips 2002-2003

Contact Ellen Zimmermann at 301-5838 or e-mail ellenzimm@earthlink.net for more information.

Saturday, September 28, 2002

Join fellow members of the AHS for the fabulous **Garden Conservancy Tour**. Six Austin gardens are featured, including the garden of AHS member, Anna Prothro. Register by Sept. 3 for a discounted price of \$25.00. We'll find a great place for lunch!

Thursday, October 24, 2002

Join us for a private tour of **West Cave Preserve**. The tour will focus on the edible and medicinal plants in the area. Good walking shoes and a \$2.00 donation are required. We'll have BBQ in the area afterwards.

Saturday, November 9, 2002

Join us for an early Christmas shopping trip to **Salado** and all their interesting shops. We'll lunch at the **Ambrosia Tea Room** after we're shopped out.

Saturday, December 7, 2002

Let's get together for the **AHS first annual Holiday Party**. Bring your favorite "Other", a potluck dish and BYOB. AHS will provide punch and non-alcoholic beverages. Michelle Chaput has offered her beautiful home for this event.

Friday, January 17, 2003

Our own member, Taffy Gauger will demonstrate and teach us how to make **Pressed Flower Notecards**. Bring tweezers and scissors, we'll provide the rest. We'll pick a place to lunch afterwards.

Thursday, February 20, 2003

Our talented members, Cindy Phillips and Vee Fowler will tantalize our appetites with an **Herbal Cooking** demonstration. Jan Bland has offered her home for this event. Reservations are limited to 15 people. Cost for the dinner will be announced at a later date.

Thursday, March 20, 2003

This morning we will go out to **Bamberger Ranch** for a tour of this 5500-acre Hill Country paradise. We will learn of the history of our Hill Country, see a bat cave, a wild herd of Antelope and discover many native plants along the way. There is a \$10.00 charge for the tour.

Thursday, April 17, 2003

Let's take a **Wildflower Identification Walk** with Cindy Phillips at the **Brightleaf State Natural Area**. This new sanctuary will be loaded with spring wildflowers and native plants. Wear good walking shoes. Lunch will be in the area afterwards.

May 2003 - date to be announced

We'll either have our annual **Members Garden Tour** or, if there is enough interest, we will take a field trip to visit the glorious gardens of **London, England**.

Austin Herb Society 2002/2003 Sponsors

Acupuncture Medical & Research Centre**

1600 W 38th St, Suite 402, Austin 78731
371-1121

Balcones Acupuncture Clinic**

5750 Balcones Drive, Austin 78731
890-0288

Barton Springs Nursery Company

3601 Bee Caves Rd, Austin 78746
328-6655

Big Red Sun

1102 E Cesar Chavez St, Austin 78702
480-9789

DeGrey Gardens

1818 W 35th St, Austin 78703
451-5490 www.gardens-austin.com

EZ Herbs

8803 Bear Creek Dr, Austin 78737
301-5878 www.ezherbs.net

Fredericksburg Herb Farm

402 Whitney St, Fredericksburg 78624
800-259-4372 www.fredericksburgherbfarm.com

Gabriel Valley Farms**

440 Old Hwy 29, Georgetown 78726
930-0923 (wholesale only)

The Great Outdoors

2730 S Congress, Austin 78704
288-6113 www.gardenadventures.com

Howard Nursery

111 Koenig Ln, Austin 78751
453-3150

It's About Thyme**

11726 Manchaca Rd, Austin 78748
280-1192 www.itsaboutthyme.com

The Natural Gardener

8640 Old Bee Caves Rd, Austin 78735
288-6113 www.naturalgardener.austin.com

Cindy Phillips Painting and Clay Studio

25008 Pedernales Canyon Trail, Spicewood 78669
264-2779

Jennifer Phillips, Dog Obedience Trainer

6316 Thomas Springs Rd, Austin 78736
288-1386

ScentGarden

11716 Hobbiton Tr, Austin 78739
695-5321 www.scentgarden.com

Wheatsville Co-op

3101 Guadalupe, Austin 78705
478-2667

** 10% Discount

Be sure to thank our sponsors when you visit their establishments this year, check www.austinherbsociety.org for news and updates in our sponsor listings

LANGUAGE LESSONS

By Ann Marie Wilson

LEARN LATIN!!! More specifically, learning the correct botanical names of plants will allow you to communicate and research without confusion in a world where Ann Marie's bachelor button is Linda Lou's cornflower. For clarity, say "*Centaurea cyanus*".

The botanical names of plants can be intimidating at first glance but learning them is fun if you look beyond the words. For example, that bachelor button mentioned earlier...the specific epithet "*cyanus*" refers to the color blue, one that is often found amongst flowers. The genus name "*Centaurea*"? It comes from Greek mythology. After that superman of old, Hercules, killed the nine headed hydra he visited the wise Centaur, Chiron. (Think back to your school days...Centaur...half man, half horse.) While there, one of Hercules' arrows, poisoned with the blood of the hydra, accidentally touched Chiron's foot. Quick thinking Hercules covered the area with

leaves from a nearby plant and saved Chiron's life. This plant was then named "*Centaurea*" in honor of the wondrous event.

Very often the botanical names of plants describe a use of the plant. Comfrey, properly called *Symphytum officinale*, was used historically to help broken bones heal - the genus "*Symphytum*" originates from the Greek "symphy" meaning "growing together" while plants with a specific epithet of *officinalis* (or *officinale*) have a history of being used for medicinal purposes.

Learning this Latin is fun. You'll find that botanical names quickly become habit and common names fade. References to help you learn the meanings behind the botanical names include *Dictionary of Word Roots and Combining Forms* by Donald J. Borror, *Legends & Lore of Texas Wildflowers* by Elizabeth Silverthorne and *Ladybugs, Tiger Lilies & Wildflowers* by Robert Hendrickson.

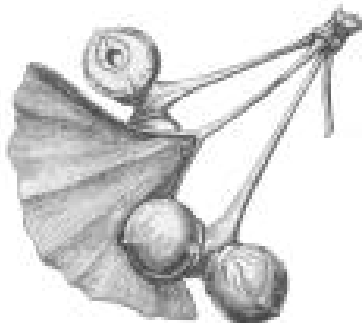
Austin Herb Society 2002-2003 Officers

President	Michelle Chaput	343-7677	michellechaput@yahoo.com
Past President	Kim Lehman	707-0113	misskim@flash.net
1 st VP Programs	Cindy Phillips	264-2779	cindyphillips@imagicmail.com
1st VP Field Trips	Ellen Zimmermann	301-5838	Ellenzimm@earthlink.net
1 st VP Sponsors	Cindy Burrows	250-2147	mollyburrows@aol.com
2 nd VP Study Group	Vee Fowler & Eloise Doherty	345-0719 927-8478	elo927@yahoo.com
3 rd VP Membership	Cindy Boyle	303-1009	cindyb@txla.org
4 th VP Publications	Kris Hands & Ann Wilson	260-7640 453-7815	starbuckmine@hotmail.com e.l.wilson@ieee.org
Secretary	Jan Bland	338-9815	j_bland2000@yahoo.com
Treasurer	Lydia Cates	261-8024	lcates0307@aol.com
AAGC Rep	Anna Prothro	476-8025	thardy@airmail.net

2002-2003 Committee Chairs

HerbFest 2002	Joyce Billings & Cathy Slaughter	832-6426 512-863-7516	jbillings@austin.rr.com gvfarms@att.com
HerbFest PR Communications	Rebecca Childers Doll Beth Caldwell	266-2022 302-3298	becca@onr.com
Door Prizes E-Mail:	Diana Hyland Michael Zitz-Evanich Nancy Wackerbarth	402-9697 719-4070 345-7941	hylandinc@austin.rr.com austinherbsociety@yahoo.com nbw@dataplex.net
Education & Outreach	Lydia Noble & Gwen Sederholm	266-7174 345-0720	lyd@austin.rr.com dogwensederholm@juno.com
Historian Hospitality	Carolyn Reynolds Roberta Showerman & Judith Craft	329-9125 442-8018 451-2064	carolynr@txla.org dramaticcreation@aol.com dunstone@austin.rr.com
Librarian Luncheon Mayfield Park Merchandise	Dorothea Mims Sharon Beam Anna Prothro Susan Brockett Wendy Clark Judy Prehn Jan Worth	258-9364 512-695-4206 476-8025 327-5318 276-9540 512-263-1945 512 -863-9458	drmims@sbcglobal.net beam-stewart@msn.com thardy@airmail.net shb-mre@austin.rr.com wendy.clark@tsl.state.tx.us judyprehn@hotmail.com hayci@aol.com
AHS Publicity Speakers Bureau Web Master Zilker Herb Garden	Vicki Buterbaugh Carrie Boyles Paula Middleton Mary Ann Somers & Sandra Holland	833-0411 292-1750 301-7100 494-9372 258-4643	office@chorusaustin.org carrie@scentgarden.com pcm@redbirdesign.com cs.holland@att.net

For newsletter submissions and subscription changes: e.l.wilson@ieee.org or 453-7815



Ginkgo biloba

Remember to renew your membership and send in your address changes to Cindy Boyle, include new e-mail addresses!

THGMA – WHAT IS IT?

Find out what The Texas Herb Growers & Marketers Association is all about at their 16th Annual Conference to be held on September 13 & 14, 2002 in Austin. Friday features a bus tour of the hill country, including a visit to a working lavender farm, and a tour of AHS sponsor, **Fredericksburg Herb Farm**. Registration is \$40 for members, \$50 for nonmembers.

On Friday evening there will be a social hour and round table discussions at The Lady Bird Johnson Wildflower Research Center. Discussions will focus on Publicity & Marketing, New Plants in the Trade, Book Reviews and Liability Insurance for your Business

The Saturday sessions will meet at the Lady Bird Johnson Wildflower Center and feature a number of outstanding and speakers:

- **Barney Lipscomb**, Botanical Research Institute of Texas, will present lectures on “Discovering Texas Botanical Heritage, Dawn of a New Century” and “How Plants Get Their Names”.
- **Dr. Greg Clary**, Economist, Center for Rural Entrepreneurship, will address issues and give advice on planning and growing a healthy business.
- **Larry Wilhelm**, Texas Star Wildflower Co. will speak on organic growing.
- **Texas Department of Agriculture** marketing specialists will present a panel of buyers of herbs and herbal products and show how TDA can help your business.
- **Jeannie Ralston**, Hill Country Lavender, **Jim Kamas** and **Don Wilkerson**, both on faculty at Texas A&M University, will discuss growing and marketing cut lavender and lavender products.
- AHS member **Gayle Engels**, American Botanical Council, will present “Trends & Updates in the Medicinal Herb Field”.
- Author **Lucinda Hutson** will lecture and show slides celebrating a “Fiesta in the Garden”.

Registration is \$90 for THGMA members and \$120 for nonmembers. For more information, go to thgma.com or jhand@uc.tamu.edu or call AHS member Cathy Slaughter, (512) 930-0923, gvfarms@att.net

A FALL TASTE TREAT

From *The Herb Garden Cookbook, 2nd ed.* by Lucinda Hutson

Spicy Apple Crisp

With Mint Marigold and Brandied Crème Fraiche

The Fruit Filling

6 cups Granny Smith Apples (6 apples), peeled, cored and sliced
2 cups Bosque pears (2-3 pears), peeled, cored and sliced
1 tablespoon fresh lemon juice
¼ teaspoon lemon zest
1/3 cup light brown sugar
2 tablespoons sugar (optional)
3 tablespoons mint marigold, minced
2 teaspoons cinnamon
1 teaspoon coriander freshly ground
3 tablespoons flour
3 tablespoons brandy

The Crumb Topping

1 cup flour
¾ cup light brown sugar
¼ teaspoon salt
¼ teaspoon cinnamon
½ cup butter
¾ cup pecans, chopped

Brandied Crème

8 ounces crème fraiche or sour cream
2 tablespoons light brown sugar
1 teaspoon orange zest
1 tablespoon brandy
¼ teaspoon pure vanilla extract
1 teaspoon fresh mint marigold, finely chopped

Preheat oven to 375 degrees. First, make the fruit filling. Place apples and pears in a large bowl with lemon juice and zest; add remaining ingredients for the filling, tossing gently until fruit is evenly coated. The amount of flour you add depends upon the juiciness of the fruit.

For the topping, combine dry ingredients in a medium bowl; cut in the butter until crumbly, using two forks or a pastry knife. Pour the fruit filling into a buttered 9 inch baking dish, sprinkle with pecans, and cover evenly with the crumbled topping, pressing down lightly. Bake for 35 to 45 minutes, until the topping is crisp and golden and the apples are tender.

Combine all ingredients for the brandied crème; cover and chill for several hours before serving (it may be made a day in advance).

The Austin Herb Society, Inc. has been organized exclusively for the purposes of providing education regarding the benefits of cultivating and using herbs to promote better health and well-being, encouraging the growth and use of herbs for many beneficial purposes, and providing charitable and volunteer support to community gardens, libraries and/or other community projects.

Disclaimer: The information in this newsletter is for educational purposes only. It is not meant to diagnose, treat, or replace the advice of a health professional

HERBFEST 2002

Zilker Botanical Garden

Saturday, October 5, 2002 from 9AM to 5 PM

AN AUSTIN TRADITION!!!

Admission at the Gate is \$5.00 per person with children under 12 yrs. free. Advanced tickets may be purchased at the gift shop at Zilker Botanical Gardens (2220 Barton Springs Road, Austin, TX) for \$3.00 each. This family event features lectures, herbal plants and products for sale, fantastic food, Austin music and a children's corner. Bring the whole family, but please, keep all dogs on leashes. Visit www.austinherbsociety.org for more information.



The Austin Herb Society, Inc

Zilker Botanical Garden

2220 Barton Springs Road

Austin, Texas 78746

www.austinherbsociety.org